



BREAKFAST

9am till 4pm

CAVE ROCK BREAKFAST 26.5

Free range bacon, beef & jalapeno sausage, hash, tomato, mushroom, eggs as you like them, tomato relish, multi-grain toast

TOASTED CRUMPETS

- Mushrooms, poached egg, truffle hollandaise, avocado oil 22 *vg, gf*
- Summer berries, coconut yoghurt, almond crumble 18 *v, gf*

BEACHED AS BENNE 21

Poached eggs, multi-grain toast, hollandaise with either: bacon, salmon, mushrooms *vg* or smashed avocado *vg*

EAST COAST HASH

- Pulled pork, fried egg, tomato relish, citrus mayo 19.5 *gf, df*
- Beef & jalapeno sausage, house beans, fried egg, parmesan 23.5 *gf*

BREAKFAST JAR 15.5

House granola, yoghurt, fruit, maple *vg, df*
or Lime chia pudding, coconut, fruit, coconut yoghurt *vg, df*

CROQUE MADAME 16.5

Ham, gruyere cheese, spinach, fried egg, hollandaise, ciabatta

SIDES

Hollandaise 3 | Potato hash 5 | Mushrooms 8 | Tomato 5 | Bacon 8
Smoked salmon 8 | 2 eggs your way 5 | Smashed avocado 6

LUNCH

11:00am till 4pm

BITES

FLAMMKUCHEN 16

German flatbread – bacon, red onion, sour cream, mozzarella

BEETROOT HUMMUS 13

Almond crumble, avocado oil, crunchy tortilla *v, df*

CHARCUTERIE PLATTER 28

Prosciutto, salami, aged cheddar, Windsor blue, pickles, ciabatta

POPPERS 22

Selection of jalapeño, potato & kumara poppers with dips to match *vg*

SALMON GRAVLAX 19.5

Beetroot infused, horseradish sauce, micro herbs, orange gel, ciabatta *df*

SOY AND VEGETABLE GYOZA 17

Pan-fried dumplings, sesame, dipping sauce *vg*

BBQ PORK BITES 18

Sesame, coriander, chilli *gf, df*

*v – vegan / vg – vegetarian / gf – gluten free / df – dairy free / * Dietary option available*

BEACH SEAFOOD CHOWDER 23

Saffron infused fish, prawns & mussels house made chowder, ciabatta [gf*](#)

HOUSE TACOS 25.5

Tempura fish or Grilled chicken; soft tortilla, house slaw, pineapple salsa, chipotle mayo

TEMPURA FISH & CHIPS 27

House slaw, chef's famous tartare, tom sauce

STEAMED NZ MUSSELS 28

Coconut, lemongrass, lime, chilli, coriander, ciabatta [gf*](#)

HOUSE CAESAR SALAD 22

Cos, crispy bacon, crouton, parmesan, egg, classic dressing [vg*](#)

- Add confit chicken or hot smoked salmon + 7

GRILLED HALOUMI SALAD 25

Strawberries, salad greens, toasted almonds, balsamic fig dressing, parmesan [vg, gf](#)

BEACHED BURGER 26.5

(served with a soft brioche bun and fries)

Beef & bacon - pickles, tomato, cheddar, chipotle mayo

Soft shell crab - house slaw, maples, jalapeño mayo

Haloumi - potato hash, avocado, tomato relish [vg](#)

PIZZA

MARGHERITA 23

Tomato, buffalo mozzarella, basil

BEACH 31

House smoked salmon, garlic prawns, capers, red onion, citrus mayo

ITALIAN 28

Pepperoni, feta, kalamata olives, sundried tomato pesto, parsley

TANDOORI CHICKEN 29

Mint yoghurt, red onion, coriander, peanuts

HAWAIIAN SUMNER STYLE 27

Bacon, pineapple, basil

PROSCIUTTO 29

Rocket, parmesan, roasted seeds, fig chutney

~ Gluten free and dairy free cheese options available on request ~

SIDES

FRIES, TOM SAUCE 10 / 14

[gf](#)

#HASHTAG FRIES 16.5

Sour cream, sweet chilli [vg](#)

WARM POTATO SALAD 9

Mustard mayo, sumac [vg, gf](#)

HOUSE SLAW 9

Beach dressing [vg, gf, df](#)

SEASONAL ROAST VEGE 9

Mediterranean spices [vg, gf, df](#)

GREEN SALAD 9

Fig balsamic dressing, seeds [vg, gf, df](#)