



BRUNCH 9AM TILL 4PM

Proud to use local Bellbird Bakery and Butterfly & Scotch Bacon

CAVE ROCK BREAKFAST	31	MINCE ON TOAST	26.5
Beef, jalapeño & cheese sausage, streaky bacon, potato hash, eggs your way, balsamic tomato, portobello mushrooms, house beans, sourdough *gf *df		Wagyu beef mince, poached eggs, balsamic beetroot purée, pecorino, chives, truffle oil, sourdough *gf *df	
HUEVOS RANCHEROS	27	SUPERFOOD	24.5
Chorizo, house beans, poached eggs, potato hash, pickled veg, jalapeño gf df ✓		Broccolini, spinach, kale, house dressing, balsamic beetroot purée, poached eggs, avocado, toasted seeds, sourdough *gf df *v	
BEACHED AS BENNY	27.5	SUMNER TOASTIE	21
Sourdough, herb crème, poached eggs, hollandaise, dukkha; either bacon, salmon or mushroom *gf *n		Braised beef brisket, cheddar cheese, sauerkraut, kimchi ketchup, house secret sauce, brioche, homemade chips *gf *df	
FRENCH TOAST	26	WINTER PORRIDGE	21
Brioche, berry compote, seasonal fruit, maple mascarpone, berry gel vg		Overnight oats, oat milk, mixed seeds, dried fruit, berry compote, fresh fruit df v	
KICKSTART SCRAMBLED EGGS	26		
Chorizo, cherry tomatoes, kimchi, sourdough *gf *df			

SIDES

Hollandaise 3 / Potato hash 6 / Mushrooms 8 / Bacon 9 / Smoked Salmon 9 / Two eggs your way 7 / Spinach 5 / Sausage 9

LUNCH 11AM TILL 4PM



SMALL PLATES

DIP IN BREAD	21
Butterbean & romesco hummus, pesto hummus, house flatbread df v n	
ARANCINI DI MARE	23
Prawn & crab arancini, pickles, herb crème, romesco df *n	
SALMON TARTARE	26
Cucumber, avocado, romesco, herb crème, crostini *gf df *n	
PRAWN COCKTAIL	26.5
Vermicelli noodles, nori, dragon sauce, Marie Rose mayo df ✓	
WONTONS	22
Chorizo & prawn, coconut labneh, dragon sauce df ✓	
PORK BITES	24.5
Asian BBQ, herb crème, jalapeño mayo, pickled veg, coriander, Korean dukkha df gf *n ✓	
CARNE ASADA TACOS	24
Braised beef brisket, avocado, jalapeño mayo, tomato salsa, coriander gf df ✓	
PATATAS BRAVAS	17.5
Roasted potatoes, romesco, herb crème, tomato salsa df gf *n	

CLASSICS

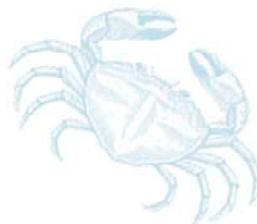
BEACH SEAFOOD CHOWDER	27
Salmon, prawns, mussels, potato, crispy capers, toasted bread *gf	
TEMPURA FISH & CHIPS	29.5
Green salad, tartare, tomato sauce df	
STEAMED NZ MUSSELS	29
Green curry coconut broth, coriander, spring onion, toasted bread *gf df ✓	
BEACHED BURGER	29
Beef patty, bacon, cheddar cheese, kimchi ketchup, house secret sauce, cos, Bones pickles, milk bun, fries *gf *df	
SMASHED FALAFEL BURGER	27.5
Kimchi ketchup, cos, herb crème, Bones pickles, milk bun, fries vg *df *gf *v	
CHORIZO MAC AND CHEESE	27.5
Three cheese sauce, parsley crumb *vg	
HOUSE CAESAR SALAD	25.5
Cos lettuce, maple bacon, crostini, parmesan, egg, anchovy dressing *gf *df *vg	
- add smoked chicken or smoked salmon	9
BEEF SALAD	29.5
Braised beef brisket, salad greens, cucumber, orange, winter vegetables, fried onion, crostini, vinaigrette gf *df *vg	

PIZZAS

MARGHERITA	28
Tomato, fresh mozzarella, basil *gf *df vg	
PEPPERONI	32
Pepperoni, fresh mozzarella, tomato	
SEAFOOD	34
Prawns, salmon, capers, rocket, mozzarella, garlic mascarpone *gf *df	
JUST PEAR-FECT	32
Pulled lamb, pear, red onion, mozzarella, tomato *gf *df	
HERBIVORE'S HAVEN	31
Pesto, cherry tomato, caramelized onion, mozzarella, parmesan *gf *df vg	
MEXICO	33
Chorizo, cherry tomato, red onion, jalapeño mayo, coriander, mozzarella, tomato *gf *df ✓	
CHICKEN TERIYAKI	33
Spring onions, sesame seeds, mozzarella, garlic mascarpone *gf	
- Gluten free bases and dairy free cheese options, available on request	

v - vegan | vg - vegetarian | gf - gluten free options prepared with care, but traces may remain. Please inform staff if coeliac | df - dairy free | n - contains nuts (please advise staff) | ✓ - spicy | *Dietary option available

Free WIFI!: Beach Guest PASSWORD: 25Esplanade



SIDES

FRIES, TOM SAUCE df	14 / 17
#HASHTAG FRIES	18.5
Cajun dust, house secret sauce	
GREEN SALAD	13
Mesclun, toasted seeds, honey mustard vinaigrette gf *v	