



BRUNCH 9AM TILL 4PM

Proud to use local Bellbird Bakery and Butterfly & Scotch Bacon

CAVE ROCK BREAKFAST	31	MINCE ON TOAST	26.5
Beef, jalapeño & cheese sausage, streaky bacon, potato hash, eggs your way, balsamic tomato, portobello mushrooms, house beans, sourdough *gf		Wagyu beef mince, poached eggs, pecorino, chives, truffle oil, sourdough *gf *df	
HUEVOS RANCHEROS	27	SUPERFOOD	24.5
Chorizo, house beans, poached eggs, potato hash, pickled veg, jalapeño *gf df s		Broccolini, spinach, kale with house dressing, poached eggs, avocado, toasted seeds, sourdough *gf df	
BEACHED AS BENNY	27.5	SUMNER TOASTIE	21
Sourdough, herb crème, poached eggs, hollandaise, dukkha; either bacon, salmon or mushroom *gf *n		Braised beef brisket, cheddar cheese, sauerkraut, kimchi ketchup, house secret sauce, brioche, homemade chips *gf	
FRENCH TOAST	26	WINTER PORRIDGE	21
Brioche, berry compote, seasonal fruit, maple mascarpone, berry gel		Overnight oats, coconut milk, mixed seeds, dried fruit, berry compote, fresh fruit df v	
KICKSTART SCRAMBLED EGGS	26		
Chorizo, cherry tomatoes, kimchi, sourdough *gf			

SIDES

Hollandaise **3** / Potato hash **6** / Mushrooms **8** / Bacon **8** / Smoked salmon **8** / Two eggs your way **7** / Spinach **5**

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SMALL PLATES

DIP IN BREAD	21
Butterbean & romesco hummus, pesto hummus, house flatbread *df v	
ARANCINI DI MARE	23
Prawn & crab arancini, pickles, herb crème, romesco df *n	
SALMON TARTARE	26
Cucumber, avocado, romesco, herb crème, crostini *gf *n df	
PRAWN COCKTAIL	26.5
Vermicelli noodles, nori, dragon sauce, Marie Rose mayo *gf df s	
WONTONS	22
Chorizo & prawn, coconut labneh, dragon sauce df s	
PORK BITES	24.5
Asian BBQ, herb cream, jalapeño mayo, pickled veg, coriander, Korean dukkha df gf *n s	
CARNE ASADA TACO	16
Braised beef brisket, avocado, jalapeño mayo, tomato salsa, coriander gf df s	
PATATAS BRAVAS	17.5
Roasted potatoes, romesco, herb crème, tomato salsa df gf *n	

v - vegan | vg - vegetarian | gf - gluten free (advise if coeliac) | df - dairy free | n - contains nuts (please advise staff) | s - spicy | *Dietary option available

CLASSICS

BEACH SEAFOOD CHOWDER	27
Salmon, prawns, mussels, potato, crispy capers, toasted bread *gf	
TEMPURA FISH & CHIPS	29.5
Green salad, tartare, tomato sauce df	
STEAMED NZ MUSSELS	29
Green curry coconut broth, coriander, spring onion, toasted bread *gf df	
BEACHED BURGER	29
Beef patty, bacon, cheddar cheese, kimchi ketchup, house secret sauce, cos, Bones pickles, milk bun, fries *gf *df	
SMASHED FALAFEL BURGER	27.5
Kimchi ketchup, cos, herb crème, Bones pickles, milk bun, fries vg *df *gf *v	
CHORIZO MAC AND CHEESE	27.5
Three cheese sauce, parsley crumb *vg	
HOUSE CAESAR SALAD	25.5
Cos lettuce, maple bacon, crostini, parmesan, egg, anchovy dressing *gf *df *vg	
- add smoked chicken or smoked salmon	9
BEEF SALAD	29.5
Braised beef brisket, salad greens, cucumber, orange, winter vegetables, fried onion, crostini, vinaigrette gf *df *vg	



PIZZAS

MARGHERITA	28
Tomato, fresh mozzarella, basil vg	
ITALIAN	32
Pepperoni, fresh mozzarella, tomato	
SEAFOOD	34
Prawns, salmon, capers, rocket, mozzarella, garlic mascarpone *gf	
JUST PEAR-FECT	32
Pulled lamb, pear, red onion, mozzarella, tomato *gf	
HERBIVORE'S HAVEN	31
Pesto, cherry tomato, caramelized onion, mozzarella, parmesan vg *gf	
MEXICO	33
Chorizo, cherry tomato, red onion, jalapeño mayo, coriander, mozzarella, tomato *s	
CHICKEN TERIYAKI	33
Spring onions, sesame seeds, mozzarella, garlic mascarpone	
- Gluten free bases and dairy free cheese options, available on request	

SIDES

FRIES, TOM SAUCE df	14 / 17
#HASHTAG FRIES	18.5
Cajun dust, house secret sauce	
GREEN SALAD	13
Mesclun, toasted seeds, honey mustard vinaigrette gf *v	

Free WIFI!: Beach Guest **PASSWORD: 25Esplanade**